

Last update: 13/12/2006

Advice for airline travellers to and from the UK & US carrying insulin supplies

The United Kingdom and the United States Department of Homeland Security continue to review the requirements for carry-on baggage for commercial aircraft destined for the UK and US respectively.

Security requirements and restrictions may change at short notice so travellers are advised to check with their carrier, their tour operator or the relevant national security website for the latest advice.

Advice for travellers from the United Kingdom (BAA)

- *Prescription medicines (up to 50mL) in liquid form sufficient and essential for the flight (e.g. diabetic kit), as long as verified as being authentic by copy of prescription*
- *Prescribed medicines in liquid form e.g. diabetic medicines over 50ml, must be declared at the primary screening checkpoint.*

Advice for travellers from Australia to the United Kingdom

Travellers are advised to contact their carrier or tour operator for advice.

Advice for travellers to and from the United States

“Prescription and Non prescription medicine is allowed provided the passenger can demonstrate a bone fide need for these items”.

General advice-insulin & equipment:

People with diabetes who need to carry medication on board are advised to speak with the supervisor at the check-in desk to explain the situation.

Ideally you should carry a letter from your GP stating that the insulin, meters and syringes/needles are essential for the journey and should not be separated and a prescription with your name on it. All medication should be labelled.

Novo Nordisk continue to advise that insulin should not be placed in checked luggage.

Remember, check the advice being given out by the airline before leaving home.

For further advice regarding changes to carry-on baggage:

Please refer to the Qantas website www.qantas.com.au/TravelAdvice

Diabetes Associations:

Diabetes Australia- contact your local office

Diabetes New Zealand –website

http://www.diabetes.org.nz/news/2006/08/travelling_to_a.html.

Diabetes UK